

These days our youth face many challenges.


Between peer pressure, social media, academics, sports & family life, the stress of everyday life can be overwhelming.

When you add in addiction, the situation can quickly spiral out of control.


At Woodridge Interventions, we specialize in treatment for adolescent males between the ages of 14 - 19 who are struggling with substance use issues, as well as co-occurring mental health issues. Our residential treatment program is highly structured, therapeutic, and predictable, providing a safe and nurturing environment for those who need an intensive level of substance abuse treatment.

**Based on a positive behavior and support model, as well as a modified therapeutic community model, treatment addresses:**

- Cognitive Thinking Errors
- Cognitive & Behavioral Change
- Social Skills Training
- Balance & Restorative Justice
- The Principles of 12-Step Recovery




**OUR PROGRAM** IS DESIGNED TO PROVIDE A STRUCTURED AND SUPPORTIVE TREATMENT MILIEU THAT PROMOTES SUCCESS through the development of prosocial behaviors and adaptive living skills. With weekly family visits and support groups, we are a family-based residential treatment program where the entire family is integrated into the therapeutic process. We don't just treat the adolescent; we treat the family as a whole.



Prior to admission, our clinical, medical, and educational teams will complete a comprehensive assessment process that will lay the foundation for each young man's individualized treatment plan. The treatment plan is tailored and regularly modified to incorporate and address the special needs and strengths that the child and his family system possess. These include factors such as developmental strengths/needs, emotional strengths/needs, intellectual development, social and cultural factors, physical strengths/needs, and life domains pertinent to the young man and family.

Each child will have the opportunity to participate in gender-responsive clinical, educational and recreational programming along with a variety of other structured activities and services designed to foster growth and positive life changes. Woodridge offers a safe environment in which clients learn and practice sober living skills while examining their issues and barriers that brought them to treatment. Our services are provided by a multi-disciplinary team consisting of certified addiction counselors, recreation therapists and nurses.



Woodridge Interventions also provides on-site, year-round educational services. Our school is approved by the Illinois State Board of Education as a non-public alternative education service and our educational staff are certified or licensed by the State of Illinois. Class sizes are small, averaging 10 students to 1 teacher. Every classroom is additionally equipped with at least one paraprofessional or educational support staff to assist each teacher and aid instruction.

Throughout the treatment stay, the multidisciplinary team will work with the young man and his family to identify aftercare resources which will continue to promote a healthy, sober lifestyle. Aftercare options may include a referral to an outpatient, partial hospitalization program or to the Woodridge Interventions' Recovery Home, which promotes healthy living, assists with vocational support and job placement while providing substance use counseling and allowing individuals to remain in our Illinois State Board of Education approved school.

## At Woodridge Interventions,

our Adolescent Residential Treatment Program utilizes Aggression Replacement Training® and Balanced and Restorative Justice to address a wide range of substance use related issues, including:

- Relapse prevention
- Models of addiction
- Triggers
- Managing emotions
- Physical effects of alcohol and other drugs
- The interference of addiction with parenting
- Spirituality
- Medical aspects of addiction
- Stages of change
- Thinking errors
- And other factors that influence life functioning due to the presence of addictive behaviors.

## HOW TO ACCESS OUR SERVICES

Admission to any of our programs at Woodridge Interventions may be made by professionals, family members, or self-referring patients. If you or someone you know is struggling with addiction, give us a call at (630) 968-6477.

### Our addictions professionals are ready to help you with:

- An assessment to address treatment needs;
- Determination of an appropriate level of care; and
- Advice on eligibility for insurance, Medicaid, or related coverage.

Woodridge accepts insured and uninsured clients. Many of the services at Woodridge are covered by private insurance, Managed Care Organizations, Medicaid, or other government/public funding sources (e.g. SUPR).

Woodridge offers flexible accommodation for assessment and admission. We do admissions daily, Monday through Friday, starting at 8:00AM. Admission is often the same day as assessment.

## OUR LOCATION



### Woodridge Interventions

2221 64th Street

Woodridge, IL 60517

For more information, or to make a confidential inquiry or referral, visit us at

[www.woodridgeinterventions.org](http://www.woodridgeinterventions.org)

or call

**(630) 968-6477**

Licensed by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery (SUPR)



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