



**For 30 years Woodridge Interventions** has provided treatment for a variety of addictions and co-occurring disorders in both residential and outpatient settings. Woodridge serves adult men and women and adolescent males from greater Chicago and surrounding areas.

Woodridge accepts Walk-In clients Monday through Friday from 8 AM – 6 PM or by appointment. Saturday and Sunday hours by appointment. To schedule an appointment, please contact one of our Admissions Liaisons.

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## MEN'S RESIDENTIAL PROGRAM

Our Men's Residential Program is designed for adult males who need a safe and stable living environment in order to develop their recovery skills. Treatment is highly structured with activities designed to help residents examine damaging beliefs, self-concepts, and destructive patterns of behavior, and to adopt new, more harmonious and constructive ways to interact with others.

Woodridge offers a Level III.5 clinically managed residential substance abuse treatment program for men ages 18 and over. The program is available to individuals referred from courts, social service agencies, medical practitioners, hospitals and other treatment programs, family members, and self-referred individuals.

The frequency, intensity, and length of treatment depends on the individual patient's needs but consists of a planned regimen of clinical services for a minimum of 25 hours per week. Treatment is specific to maintaining abstinence and preventing relapse while vigorously promoting personal accountability, responsibility, and positive character change in an intense therapeutic community.

## WOMEN'S RESIDENTIAL PROGRAM

Woodridge Interventions Women's Program is intentionally designed to affect and guide services that reflect the realities of women's lives and will provide the necessary interventions to the women being served. The Women's Program works in partnership with participating community resources to provide education, medical support services and social skills to make positive changes in women's lives through a flexible, resource rich program. With the flexible resource model, we address a wide variety of social issues to direct women toward more responsible lifestyles and commitment to their recovery. We recognize that the women attending the program are typically faced with magnified social, emotional and family challenges and require individualized approaches and emotional and behavioral support in order to assist them in their success.

Our Women's Residential Program is a Level III.5 clinically managed residential substance abuse treatment program for women ages 18 and over. The program is available to individuals referred from courts, social service agencies, medical practitioners, hospitals and other treatment programs, family members, and to self-referred individuals.

The frequency, intensity and length of treatment depends on the individual patient's needs but consists of a planned regimen of clinical services for a minimum of 25 hours per week. Treatment is specific to maintaining abstinence and preventing relapse while vigorously promoting personal accountability, responsibility, and positive character change in an intense therapeutic community.



## ADOLESCENT RESIDENTIAL PROGRAM

The Adolescent Program offers intensive substance abuse treatment for males ages 14-18. The program is designed to provide a structured and supportive treatment milieu that promotes success through the development of prosocial behaviors and adaptive living skills. Our clinical programming consists of 27 hours of treatment per week. This includes, but is not limited to; ART, CBT, DBT, Thinking Errors, Problem Solving, Journaling, Recovery, and Support Groups.

Woodridge Interventions provides on-site, year-round educational services. Our school is approved by the Illinois State Board of Education as a non-public alternative education service and our educational staff are certified or licensed by the State of Illinois. Youth also participate in recreational therapy. We offer multiple clubs and participate in sports through the IIAA association. These include basketball, volleyball, chess, track and field, swimming, softball, bowling and soccer. Additional opportunities include community service, college visits, and other community outings.

We offer family visitation twice per week and encourage family participation. Throughout the treatment stay, the multidisciplinary team will work with the young man and his family to identify aftercare resources which will continue to promote a healthy, sober lifestyle.

## OUTPATIENT SERVICES

For residents of the Woodridge area, DuPage County, and surrounding communities, Woodridge Interventions offers age and gender appropriate outpatient substance abuse treatment services for adults and adolescents.

Our outpatient services are designed for individuals who are struggling to cope with addiction, yet are able to remain at home, are capable of continuing with work or school, and are not assessed as needing a higher level of care such as detox or other inpatient treatment.

- Outpatient Substance Abuse Treatment (Level I)
- Intensive Outpatient Substance Abuse Treatment (Level II)
- DUI Services
  - Risk Education / Treatment ("DUI Classes")
  - Aftercare / Continuing Care

## ADMISSIONS

For admission, please bring prescription medications, MAT dosing information, a form of identification and insurance information.

Woodridge accepts insured and uninsured clients. Many of the services at Woodridge are covered by private insurance, Managed Care Organizations, Medicaid, or other government/public funding sources (e.g. SUPR).

*Licensed by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery (SUPR).*

*Funding provided in whole or in part by The Department of Human Services, Division of Substance Use Prevention and Recovery (SUPR).*

*Woodridge is a program of Abraxas Youth & Family Services, a non-profit provider of a diversified array of services for youth, adults and families.*

FOR  
**30**  
YEARS

### WOODRIDGE INTERVENTIONS

For more information please visit: [www.WoodridgeInterventions.org](http://www.WoodridgeInterventions.org)

or email: [info@abraxasyfs.org](mailto:info@abraxasyfs.org)

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